Spring into Wellness

The LGS Student Affairs Team is hosting a series of wellness events this semester. Questions? Contact lgs.studentaffairs@emory.edu!

**Time Management Workshop (Virtual)**
February 23, 11 a.m. – 12 p.m.

**Emory Wellness Fair (McDonough Plaza/ESC)**
March 2, Various Times

**Budgeting Workshop (Hybrid)**
Emory Student Center N302 or Zoom
March 17, 12 – 1 p.m.

**Debt Management Workshop (Hybrid)**
Emory Student Center N302 or Zoom
March 24, 1 – 2 p.m.

Grad Appreciation Week
April 4 – 8, Various Times/Locations TBD

**Enhancing Wellbeing: Intentionally Matching Values and Action for Graduate Students (Virtual)**
April 5, 12 – 1:30 p.m. or April 7, 5 – 6:30 p.m.

**Solutions-Focused Approaches to Supporting Graduate Student Mental Health and Wellbeing (Hybrid)**
April 7, 11 a.m. – 12 p.m.